



## Expert Profile

Full Name of the Expert: Emma Hamilton

Expert's Organization: Elements Academy of Martial Arts

Expert's Business Address: 4465 Dunbar Street, Vancouver BC, V6S2G4

Expert's Title: Owner/Operator of Elements Academy of Martial Arts

Expert's Business Telephone Number: 604-568-3441

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URL for the Expert: [www.elementsacademy.com](http://www.elementsacademy.com)

YouTube Channel for the Expert: <https://www.youtube.com/user/ElementsAcademy>

### Summary of Expertise:

Emma has been a competitive athlete for most of her life. After years of dedicated Martial Arts training, she was the first and only woman at her club to be awarded a Hapkido Black Belt by Grand-Master Yun.

Today she maintains close ties with her community. After 5 years of co-ownership of Dojang Studios, she opened her own club: Elements Academy of Martial Arts. Emma is the first woman to have created and owned a private Martial Arts club in the City of Vancouver.

She now teaches, coaches, trains, and competes. She won her first Muay Thai fight in Thailand in March 2010. She has competed in Brazilian Jiu-Jitsu and Boxing. She is the first Woman in Canada to have earned a Brazilian Jiu-Jitsu Purple Belt under Royce Gracie.

Emma continues to train with highly regarded professionals including: Tony Pep (Commonwealth Super Featherweight, IBO Lightweight, Canadian Lightweight & Featherweight titles), Royce Gracie (UFC 1, 2, & 4 Champion), and S&C Coach Carmen Bott (MSc., BHK, CSCS)

### Possible Subjects for Discussion:

- Women's Self-Defence
- Martial Arts conditioning and techniques
- Fitness for women and female empowerment through Martial Arts
- Fitness for families
- Personal training, coaching and self-motivation
- Martial Arts Styles (Boxing, Hapkido, Muay Thai/Kickboxing, Brazilian Jiu-Jitsu)
- Entrepreneurship
- Being a female business owner in a male dominated field
- Anti-bullying and empowerment for kids and youth

### Professional Achievements:

Emma has over 20 years of experience in Martial Arts training and over 10 years of experience as a business owner. She has achieved a third-degree Hapkido Black Belt and a Brazilian Jiu-Jitsu Purple Belt. She has trained internationally including: Korea with the Grand Master of the International Hapkido Federation, Thailand with owner Sinbi

Taewoong at Sinbi Muay Thai, Ireland at Straight Blast Gym, California at the Gracie Academy and Rodrigo Gracie Jiu Jitsu, and Florida at Valente Brothers Jiu Jitsu.

She is the only female to have created and owned her own private Martial Arts club in the city of Vancouver, where she instructs children and adults. She designs the curriculum at Elements Academy of Martial Arts to ensure the techniques are both practical and effective.

She takes pride in her personal fitness and well-being and you will often find her attending workshops, training seminars and coaching programs to expand her knowledge and her network.

**Experience with News Media:**

Features include both live and pre-recorded Martial Arts demonstrations of classes and techniques for Shaw, City TV, Global TV, CTV, CBC, News1130, The Vancouver Courier, and Roundhouse Radio.



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